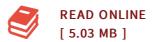




## Life-Changing Affirmations: A 30-Day Plan for Spiritual Transformation

By Vicky Thompson

Red Wheel/Weiser. Paperback. Book Condition: new. BRAND NEW, Life-Changing Affirmations: A 30-Day Plan for Spiritual Transformation, Vicky Thompson, Here is a complete spiritual practice that can be done in just minutes a day with powerful results. This 30-day plan is designed to promote a deeper awareness of five key spiritual qualities - love, intuition, inner wisdom, forgiveness, and service - and bring about noticeable changes in the way we perceive and handle the events in our everyday lives. Each daily affirmation and short meditational prayer focuses on a specific spiritual state.



## Reviews

A really awesome ebook with perfect and lucid reasons. Indeed, it is engage in, still an amazing and interesting literature. I am just very easily could possibly get a satisfaction of reading a composed publication.

-- Petra Kuphal

It in a single of my personal favorite publication. It usually fails to charge an excessive amount of. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Mr. David Friesen IV