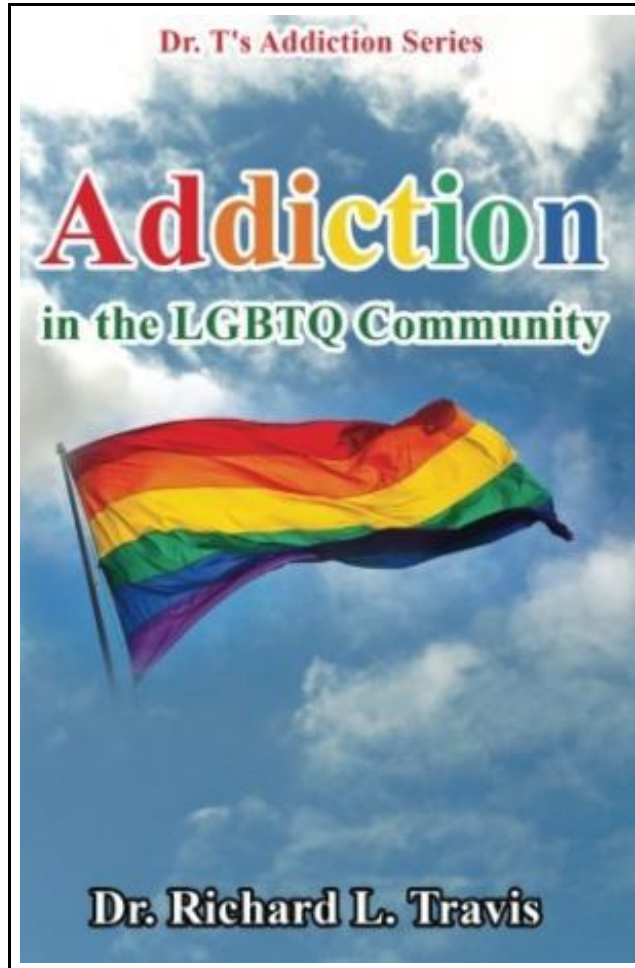


Addiction in the Lgbtq Community (Paperback)



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(Prof. Lorine Grimes)

ADDICTION IN THE LGBTQ COMMUNITY (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Substance abuse in the LGBTQ community is a serious problem. Whether it is caused or related to genetic predisposition, socialization in bars, covering up or medicating guilt or shame induced by exposure to homophobia, or the pressures of hiding one's sexuality, (or combinations of these) the addiction rates are shockingly higher among the LGBTQ community than the heterosexual community. In larger cities there are substance abuse treatment centers that do have a special focus on the LGBTQ community. There are even clubhouses that are either entirely, or almost entirely focused on LGBTQ AA, NA, CMA, ALANON, etc. 12-Step Meetings. These places make for a safe recovery setting for some of this community. The problem is that not all members of the LGBTQ community have access to these friendly places. This book can open your eyes to the problem of substance abuse, whether you are in the LGBTQ community or know someone who is. There is no cure to this problem. There is only the awareness that substance abuse exists, and needs to be treated. There may be prevention methods or approaches available, but the person must want to be actively involved in the betterment of himself/herself. Good self-esteem, self-acceptance, and healthy emotional expression are the root of a healthy approach to life, and could interrupt the potential of substance abuse. People need to be more accepting, and homophobia must be faced and accepted for what it is, and not internalized, if the LGBTQ community is to continue to make progress in treating substance abuse. It is encouraging to see more community centers in the LGBTQ community offer various activities that have nothing to do...



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